



CANTERBURY HILLS CAMP



COVID-19 PROTOCOLS SUMMER 2022 CAMPER & FAMILY GUIDE



509 Lions Club Rd
Ancaster, Ontario
L9H 5E3

Tel. (905)-648-2712

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WELCOME

Thank you for choosing to register your camper at Canterbury Hills Camp for our Summer 2022 Camp Program! We know that involvement in group programs can feel like an unknown risk for your campers safety. We have created this guide to outline the Health and Safety Protocols that we have put in place to maximize your families' well-being while still prioritizing connection with nature, adventure and fun for your campers!

On May 22nd, our Board of Directors reviewed our Vaccination Policy for the summer and came to the conclusion that this is important to uphold as our camp serves many high-risk staff members, campers and families. We believe it is our mission to provide a safe a space as we possibly can.

If you have further questions beyond this guide please feel free to contact Sharon Millar, Camp Director at director@canterburyhills.ca or (905)-648-2712 ext. 2



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Arrivals and Screening

Guardians will receive an email ahead of time to inform campers of their group name. Overnight Campers will have arrival times on Sunday evenings (Monday evening on the August 1st session) between 6:30pm-7:00pm or 7:00pm-7:30pm. Day Camp will have arrival times on Monday mornings (Tuesday morning on the August 2nd session) between 8:30am-8:50am or 9:00am-9:20am. You will receive an email on the week before your camper's scheduled session that will clearly state what your designated time will be to drop-off.

Guardians will be emailed a supply list for their designated programs so they can plan/collect their supplies for their camper's session.

Campers and staff will be required to complete a Verbal Health Screening upon arrival to the first day of your camper's session. All Day Camp Staff and Campers must self-screen before attending camp every morning. There will also be passive screening tools in place throughout the camp.



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Arrivals and Screening

During registration on Camp Brain, guardians will complete the Camper Health Forms and Profile. On the profile we ask that all possible pick-up contacts are listed. Staff will be provided with the list of possible pick up contacts before the session begins. If the list needs to be updated or changed during the week we ask that guardians call the Camp Office. This is to reduce need for conversation and handling of pen and paper during the arrival process.

Overnight Campers will be able to drop their items off in their cabins after they have completed the first evening registration. Parents/Guardians can accompany their camper to their cabin. If a parent/guardian would like to enter the cabin, we ask that they wear a mask. For Day Camp Campers, there will a designated bag drop-off, near the Parking Lot, where they can place their belongings after they complete the first morning registration. After their cabin mates have all arrived, the Day Camp Leaders will gather the group, collect their bags and head to their designated space for the week.

Staff will then lead activities outside until all campers in their cohort arrive. If there is light rain, arrival will continue as planned so dress accordingly. Severe weather will move arrival into the cabin with masks on.

All campers must have an emergency pick-up person available should they develop symptoms throughout the camp day.

Any confirmed or probable cases of Covid-19 will be reported to Hamilton Public Health.



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Departure

To reduce unnecessary exposure between guardians, pick-up times will be staggered. Day Camp will have pick-up times between 4:50pm-5:10pm and 5:10pm-5:30pm. Thursday nights will have an extended pick-up time of 8:30pm so the Day Camp campers can enjoy a pizza dinner, community-wide game and campfire. The Day Camp Leaders will be asking the parents/guardians before Thursday morning if their camper will be staying for the extended evening.

Overnight Camp will have pick-up times between 6:30pm-7:00pm and 7:00pm-7:30pm on Friday evenings. Your pick-up time will be clearly stated in your email that you receive in the week before your camper's session.

The pick-up contact will have already been listed on the camper profile ahead of time. We ask that the pick-up contact please bring a form of ID to verify.

There will be a sign-out station at the Parking Lot upon departure. Please speak to one of the Staff Members at the Parking Lot so they can sign-out your camper. Day Camp will have their belongings in their cabin group's designated area at the Parking Lot to collect upon departure. Overnight Camp will also have a designated area for their belongings for the parents/guardians and campers to collect upon departure. All campers belongings should be outside their cabin/group space but if there is anything left inside, please wear a mask when entering a cabin or group space (if indoors).



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Meals and Dining

All campers and staff will be provided with their meals while at Canterbury Hills Camp. We are a peanut-free environment so there will not be any items/products that contain peanuts/nuts

Campers and staff are strongly encouraged to bring their own water bottle with their name on it. We will aim to have our Day Camp campers enjoy their meals with their cohorts outside (weather permitting). Day Camp will be assigned an indoor eating space with their group if the weather does not cooperate with having their lunch outside. Overnight Camp campers will enjoy their meals with their cabin groups at our tables in the Lions Hall Dining Area.

Staff will assist their campers with hand hygiene before and after any meals or snacks.

On Thursday night, Day Camp campers are invited to stay for a pizza dinner, evening community-wide game, and campfire. For serving pizza, we ask that only staff handle the group pizza box, and serve slices to campers one at a time while wearing gloves.



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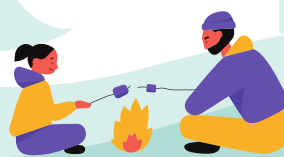


Hand Hygiene

Staff will be expected to assist their campers practice proper hand hygiene, and practice proper hand hygiene themselves. Please see the guidelines below for proper hand washing technique and hand sanitizing technique. Reminders will be posted in each bathroom as well. Washing hands with soap and water is the preferred method of hand hygiene over hand sanitizer. Hand sanitizer should be used when groups are not able to easily access a washroom.

Staff and campers are expected to practice hand hygiene between each program activity, and after the use of any shared equipment.

It is important to note that hands that are visibly soiled should be washed with soap and water instead of hand sanitizer. Leaders will be provided with a bottle of hand sanitizer with a minimum alcohol content of 60% to keep in the first aid kit and carry at all times.



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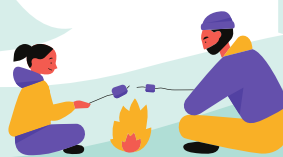
Hand Hygiene

How to wash your hands



Wash hands for
at least 15 seconds

<p>1</p>  <p>Wet hands with warm water.</p>	<p>2</p>  <p>Apply soap.</p>	<p>3</p>  <p>Lather soap and rub hands palm to palm.</p>	<p>4</p>  <p>Rub in between and around fingers.</p>
<p>5</p>  <p>Rub back of each hand with palm of other hand.</p>	<p>6</p>  <p>Rub fingertips of each hand in opposite palm.</p>	<p>7</p>  <p>Rub each thumb clasped in opposite hand.</p>	<p>8</p>  <p>Rinse thoroughly under running water.</p>
<p>9</p>  <p>Pat hands dry with paper towel.</p>	<p>10</p>  <p>Turn off water using paper towel.</p>	<p>11</p>  <p>Your hands are now clean.</p>	



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Hand Hygiene

How to use hand sanitizer



Rub hands for
at least 15 seconds

1



Apply 1 to 2 pumps
of product to palms
of dry hands.

2



Rub hands together,
palm to palm.

3



Rub in between and
around fingers.

4



Rub back of each hand
with palm of other
hand.

5



Rub fingertips of each
hand in opposite palm.

6



Rub each thumb
clasped in opposite
hand.

7

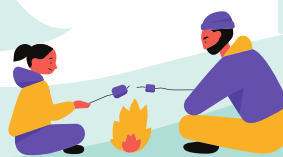


Rub hands until
product is dry. Do not
use paper towels.

8



Once dry, your hands
are clean.



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Masks and Social Distancing Policy

Campers and staff are not required to wear a mask outdoors but are invited to do so if they desire. As much outdoor programming as possible will be encouraged.

Campers will be in a cabin cohort with their cabin leaders and Leaders-in-Training. Campers will remain in the group cohort for the entire camp session. Campers will not be required to wear a mask indoors when with their assigned cohort/cabin group.

All campers and staff will be required to wear a well-fitted, non-medical mask while indoors in instances where multiple cohorts are sharing an indoor space (ie: inclement weather). Campers are asked to bring their own mask and have additional masks available if they need to change their mask out. Canterbury Hills staff will have extra disposable masks available should a participant's mask become wet or soiled.

All staff will receive training on how to properly wear a mask, and how to don and doff PPE. Staff will be able to recognize and assist campers should their mask need to be replaced.



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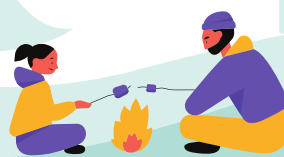


Sanitization Protocols

All program spaces will be sanitized at minimum twice a day using an approved sanitizer with drug identification number. Main camp and program areas will be sanitized by maintenance staff and senior staff. Cabin leaders may be asked to use provided sanitizer to wipe down light switches and bathroom stalls inside cabin in the morning.

All program supplies have been reviewed and carefully selected. The supplies that are made from a material that is easily sanitized (eg. sports equipment, bow and arrows) will be used between groups with appropriate sanitization between use. At the end of an activity at a shared program space, one staff member will need to ensure all equipment used is properly sanitized before moving to the next activity. Sanitizers will be provided at the program spaces.

Campers and staff are encouraged to use their cabin washroom as their main washroom as much as possible to limit cross contamination with other cohorts. There will be other bathrooms open for groups as needed that will be sanitized regularly as well. Campers will complete hand hygiene when finished, use a wipe to wipe down sink taps and door handles after use.



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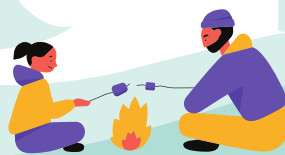
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Inclement Weather

Campers and staff are encouraged to check the weather daily and bring individual rain gear if needed, as outdoor programming will continue as planned through light rain.

If more severe inclement weather makes outdoor programming unsafe, activities will be modified as much as possible to move indoors. Groups will remain in their cabin space until storm activity clears and they can continue with their group schedule (masks will be worn if they are in a space with multiple cohorts). Canterbury Hills may decide to cancel programming for the day if a severe weather forecast will make programming unsafe.



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Management of Possible Covid-19 Cases at Camp

Canterbury Hills Camp will have a designated Covid-19 isolation centre designated for if a camper or staff that passes their initial daily screening develops symptoms on site throughout the day.

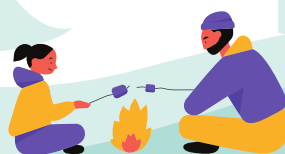
If a camper or staff develops symptoms on site, they will immediately be removed from the group and brought to the isolation centre. We understand that some of the symptoms that may present themselves at camp are due to an activity or weather in the summer (ie: heat). We have classified the symptoms in 2 categories - yellow zone and red zone - which can be seen below:

Yellow Zone: Sore throat, Headache, Extreme Fatigue, Runny Nose/Nasal Congestion, Muscle Aches/Joint Pain, GI symptoms (ie: vomiting or diarrhea)

Red Zone: Fever/Chills, Consistent Cough, Shortness of Breath, Decrease/Loss of Smell and Taste

If a camper develops two or more symptoms from the Yellow Zone while in the camp program, the camper will be isolated from their cohort in an air conditioned space, provided with water, and monitored for approximately one hour. If their symptoms evidently improve over the course of this hour period, the camper will be able to join their cohort group. The cohort group will be monitored in case any other camper develops symptoms. If the symptoms do not improve, we will call parents to discuss the next steps.

If a camper develops any symptoms from the Red Zone while in the Camp program, the camper will be asked to head home to limit the transmission of any possible COVID-19 symptoms to their cohort group. The cohort group will be monitored to see if any symptoms arise as well.



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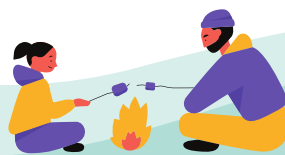
Management of Possible Covid-19 Cases at Camp: Campers

If a camper tests positive for Covid-19 during their week at Canterbury Hills they will not be permitted to return to the program. All positive cases, or suspected cases will be reported to the Hamilton Public Health Unit. Relevant information pertaining to your work at Canterbury Hills, your contact with visitors, campers, and/or other Canterbury employees, may be shared with Public Health and/or other investigating authorities, where requested and required by law. Senior staff will notify all guardians if there is a suspected or confirmed Covid-19 case within their cohort. The remaining campers will be able to continue their week at camp as long as they continue to pass the daily screening tool. We encourage guardians to be very diligent in monitoring their camper for any symptoms.

If a symptomatic camper wants to return to camp, they may only do so after receiving a negative covid-19 swab test result and waiting 24 hours since symptoms were last present. The guardians will be expected to show proof of the negative test result in order to return to camp.

If a symptomatic camper refuses to receive a Covid-19 test they must isolate for 10 days before returning to the camp program unless **all** of the follow qualifications have been met:

- the camper has received an alternative diagnosis from a doctor
- the camper does not have a fever (without use of medication)
- it has been 24 hours since your child's symptoms improved



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Frequently Asked Questions

Does my camper need to have their COVID-19 vaccine? Will staff?

- All participants (campers and staff) must have 2 doses of a COVID-19 vaccine, prior to the start of their session, unless an exemption has been reviewed and granted. Submission of Proof of Vaccination will be required two weeks prior to the start of their session - Proof of Vaccination can be uploaded on our Camp Brain Registration website

Does my camper need to wear a mask all day?

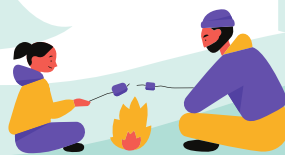
- Campers and staff will be expected to wear a mask whenever indoors with multiple cohorts
- Campers will spend the majority of the day outside, weather permitting.
- Campers will not be expected to wear a mask when maintaining physical distance (6 feet, 2 meters apart) and when doing programming outside.

Is there still a Thursday night sleepover for Day Camp?

- No, there will not be a sleepover on Thursday night. Groups will be invited to stay later in the evening to have pizza, play an evening game and then have a campfire. Pick up will be at 8:30pm.

How do I get to Canterbury Hills Camp

- Canterbury Hills Camp is located at 509 Lions Club Rd. in Ancaster, ON.
- When driving through Ancaster and using Wilson Street, please be advised there is construction. At the moment, you will have to use the Lower Lions Club Rd route (past Harper's Garden Centre) and turn left onto Old Dundas Rd. and right onto Lions Club Rd.
- Leave your house with enough time to arrive in your scheduled time for arrival and departure.



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Frequently Asked Questions

Is the pool open?

- Our pool will be open for cabin groups to schedule during the week. Lifeguards will be on duty whenever a cabin group is in the pool.
- When it is the cabin group's first time in the pool, the lifeguards will conduct a swim test to assess the swimming level of the campers. If a camper does not pass the swim test, they will be able to swim in the shallow end only.

Is the climbing wall and high ropes program open?

- We will be partnering with Adventureworks! Associates Inc. to open our high ropes course in a Covid-19 safe experience.

If my camper cannot complete their week at camp due to Covid-19 will we receive a refund?

- Canterbury Hills Camp will not offer refunds for absences but will look to accommodate a future week at camp this summer or in an upcoming summer.

How will cabin cohorts impact camper cabin requests?

- Canterbury Hills allows campers to make one cabin request. The other camper must be similar in age and request your camper in return for the request to be met. All other requests cannot be guaranteed. We will do our best to keep campers in the same cabin cohort but cannot guarantee this ahead of time.



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